

Grade Level Analysis

Grade: Kindergarten

Introduction

Kindergarten students have a great deal of passion for movement. They are curious, imaginative, and imitative.

The physical education environment will expose them to a variety of activities while showing appropriate behavior.

Content goals and objectives:

Students will:

1. Develop locomotor skills (walking, running, hopping, galloping, jumping, and sliding).
2. Improve non-locomotor skills (bending, stretching, twisting, turning, balance, and rolling).
3. Develop rhythmic skills.
4. Recognize physical activity is good for personal wellness.
5. Develop socially through play.
6. Acquire an awareness of body and space.
7. Start to develop manipulative skills (throwing, catching, striking with one hand, rolling, aiming, and dribbling with hands and feet).
8. Develop strength and endurance.

Evaluation

Basic teacher observation and verbal feedback.

Teacher observation critical cues checklist.

Learning Activities (such as):

Individual skill work

Mat activities

Low organized games

Rhythmic activities

Climbing

Scooter Play

Playground games

Relays